

CEU Reference Document

Course Name: Emotional Intelligence at Work TRN-ELNEI-875

Course Type: Webinar In-Person Training E-Learning

Length of Course/Session: 1.50 hours

Date of Course/Session:

Course Description:

This course is for anyone who wants to work more easily with others. Boost your emotional intelligence by understanding emotional behaviours that help or hinder your success at work. Take away strategies that will help you recognize and respond to emotions effectively. This online training is designed to help individuals understand the importance of emotional intelligence in the workplace, why it's important, and what success looks like at work. Boost your emotional intelligence with the Emotions and Behaviours at Work (EBW) Assessment. Define emotional intelligence; identify eight emotional behaviours that affect work success; complete the EBW assessment and receive a personalized report with results; and review strategies for developing emotional intelligence.

Speaker Profile:

Crystal Dolliver draws on her professional skills as a facilitator and corporate trainer for over 18 years, with various trainings she offers both in-person and online. Crystal has many areas of expertise including Emotional Intelligence at Work, Motivational Interviewing (MI), Ethics, Mental Health First Aid, Suicide Awareness and Prevention, and Accessibility in the Workplace (AODA), as well as many other corporate training offerings. Her professional experience in addition to delivering diverse training programs includes assisting individuals to successfully return to work and coaching individuals with disabilities. Crystal is known for encouraging and creating safe learning spaces where warmth, humour, and openness in sharing exists.

This course has preapproved CEUs from:

The College of Vocational Rehabilitation Professionals VRA Canada

Number of CEUs Approved: 1.50

Area of Focus: 02

Preapproval Code: AGILEC(web)-EIW-21Jan20-1.50

For Verification of Attendance: Please print course certificate