

CEU Reference Document

Course Name: Motivational Interviewing Introductory TRN-WEBMIN-875

Course Type: Webinar In-Person Training E-Learning

Length of Course/Session: 1.0 hours

Date of Course/Session:

Course Description:

This introductory webinar focuses on key concepts of motivation, ambivalence, and the purpose of a motivational interview. Motivational interviewing is an approach that can support individuals to resolve ambivalence about changes they want to make. This introduction to motivational interviewing will provide you with a basic understanding of concepts and the skills used; an understanding of motivational interviewing foundational concepts; and review practices that do not work when someone is ambivalent.

Speaker Profile:

Crystal Dolliver is an experienced Motivational Interviewing coach and trainer. Her professional background includes coaching individuals with disabilities and assisting them to successfully return to work. She is skillful at moving ambivalent clients into engagement with her motivational interviewing (MI) techniques. Crystal has successfully coached and supported others across Ontario to develop their MI skills. Crystal's expertise includes Motivational Interviewing (MI), Team Health, Mental Health First Aid, Crisis Intervention, and Emotional Intelligence at Work. She draws on her over 17 years of experience as a facilitator, trainer, and coach to deliver exceptional training both in-person and online.

This course has preapproved CEUs from:

The College of Vocational Rehabilitation Professionals VRA Canada

Number of CEUs Approved: 1.0

Area of Focus: 02

Preapproval Code: AGILEC(web)-MI:I-2020-1.0

Verification of Attendance: Please print course certificate