

## CEU Reference Document

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**Course Name:** Motivational Interviewing Intermediate (Level 2) TRN-WEBMII-875

**Course Type:**  Webinar  In-Person Training  E-Learning

**Length of Course/Session:** 8.00 hours

**Dates of Courses/Sessions:**

**Course Description:**

Motivational Interviewing (MI) is an approach designed to overcome ambivalence and support clients to develop and build their own argument for a change. This series of webinars focuses on foundational concepts, skills, and processes of motivational interviewing. Learn how to navigate a motivational interview using the four processes, spirit, and skills of Motivational Interviewing. Practice activities related to skills and processes support individuals to apply what you have learned and continue to build confidence for a motivational interview. During four webinars, participants learn how to apply the four processes and spirit of MI, use the skills of motivational interviewing, recognize and respond to change talk, and evoke an individual's inner wisdom using nine strategies.

**Speaker Profile:**

Crystal Dolliver is an experienced Motivational Interviewing coach and trainer. Her professional background includes coaching individuals with disabilities and assisting them to successfully return to work. She is skillful at moving ambivalent clients into engagement with her motivational interviewing (MI) techniques. Crystal has successfully coached and supported others across Ontario to develop their MI skills. She draws on her 17 years of experience as a facilitator, trainer, and coach to deliver exceptional training both in-person and online. Crystal's expertise includes Motivational Interviewing (MI), Team Health, Mental Health First Aid, Crisis Intervention, and Emotional Intelligence at Work.

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**This course has preapproved CEUs from:**

The College of Vocational Rehabilitation Professionals  VRA Canada

**Number of CEUs Approved:** 8.0

**Area of Focus:** CVRP - 9, VRA - 02

**Preapproval Code:** CVRP - AGILEC(web)-MI:I-2020-8.0, - VRA - 23877

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**For Verification of Attendance:** Please print course certificate