**Course Name:**  Motivational Interviewing Foundational (Level 1) TRN-WEBMIF-875

**Course Type:**  ☒ Webinar         ☐ In-Person Training         ☐ E-Learning

**Length of Course/Session:**  8.00 hours

**Dates of Courses/Sessions:**

**Course Description:**
Motivational Interviewing (MI) is an approach designed to overcome ambivalence and support clients to develop and build their own argument for a change. This series of webinars focuses on foundational concepts, skills, and processes of motivational interviewing. This introduction to MI provides the learner with a strong understanding of motivational interviewing, including foundational concepts, processes, and skills. Based in the theories of Motivational Interviewing (MI) and Stages of Change, this training will help the learner to identify when resistance is present and develop skills to engage with the client, helping them to move toward change.

**Speaker Profile:**
Crystal Dolliver is an experienced Motivational Interviewing coach and trainer. Her professional background includes coaching individuals with disabilities and assisting them to successfully return to work. She is skillful at moving ambivalent clients into engagement with her motivational interviewing (MI) techniques. Crystal has successfully coached and supported others across Ontario to develop their MI skills. She draws on her 17 years of experience as a facilitator, trainer, and coach to deliver exceptional training both in-person and online. Crystal's expertise includes Motivational Interviewing (MI), Team Health, Mental Health First Aid, Crisis Intervention, and Emotional Intelligence at Work.

**This course has preapproved CEUs from:**
☒ The College of Vocational Rehabilitation Professionals   ☒ VRA Canada

**Number of CEUs Approved:** 8.0

**Area of Focus:** CVRP - 9, VRA - 02

**Preapproval Code:** CVRP - AGILEC(web)-MI:F-2021-8.0, - VRA - 24166

**For Verification of Attendance:** Please print course certificate