

## CEU Reference Document

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**Course Name:** Team Health TRN-INPTH-875

**Course Type:**  Webinar  In-Person Training  E-Learning

**Length of Course/Session:** 3.50 hours

**Date of Course/Session:**

**Course Description:**

This training focuses on the factors that help teams remain healthy, engaged, and successful. Team health is something we often take for granted, yet it's critical to team effectiveness and engagement. Team activities help participants examine the ingredients of healthy working relationships and what it means to work well together.

Training Results: Examine the evidence for working in teams and the benefits to individuals and organizations; Identify and discuss the components of a healthy team and what promotes strong working relationships; Review the phases of team development and what assists teams to effectively move from one stage to the next; Identify the principles of team engagement and how work culture and individuals contribute to it; Discuss the top ten factors that lead to successful teams.

**Speaker Profile:**

Crystal Dolliver draws on her professional skills as a facilitator and corporate trainer for over 18 years, with various trainings she offers both in-person and online. Crystal has many areas of expertise including Emotional Intelligence at Work, Motivational Interviewing (MI), Ethics, Mental Health First Aid, Suicide Awareness and Prevention, and Accessibility in the Workplace (AODA), as well as many other corporate training offerings. Her professional experience in addition to delivering diverse training programs includes assisting individuals to successfully return to work and coaching individuals with disabilities. Crystal is known for encouraging and creating safe learning spaces where warmth, humour, and openness in sharing exists.

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**This course has preapproved CEUs from:**

The College of Vocational Rehabilitation Professionals  VRA Canada

**Number of CEUs Approved:** 3.50

**Area of Focus:** 01

**Preapproval Code:** CVRP - AGILEC-TH-2021-3.50 VRA - 24201

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**For Verification of Attendance:** Please print course certificate